



## CRISIS RECOVERY CENTER at KANNAPOLIS

### Crisis Recovery Center

This Flyer explains:

- Why this program exists
- Services provided
- Who can receive services
- Who cannot receive services in this setting
- How to get help or assistance for self, a friend or loved one

#### What To Do:

If you, or someone you know, is experiencing crisis related to mental health, alcohol or drugs or developmental disability issues, you can contact Crisis Recovery Center.

1309 South Cannon Blvd.  
Kannapolis, NC 28083  
704-933-3212

The program is open 24-hours a day. You can call or walk-in. A specialist will work with you to understand your situation and connect you with the services or information you need.

### WHY THIS PROGRAM EXISTS:

The Crisis Recovery Center was created to provide support to individuals who are experiencing a crisis and do not have the resources or supports needed to cope. Each person has his or her own definition of crisis and what it feels like. Grief, stress, anxiety and fear may be triggers that cause a person to feel like that they are unable to cope. Issues with mental health, substance abuse, or developmental disability can also contribute to feelings of distress and limit our ability to cope with day to day issues. It is intended to help people avoid unnecessary psychiatric hospitalization in acute or state hospital settings.

### SERVICES PROVIDED & WHO CAN RECEIVE SERVICE:

#### Crisis Residential Services (Facility Based Crisis)

These can be voluntary or involuntary services (for individuals who are gravely disabled or a danger to themselves or others). Services can be provided up to 15 days. This program exists to provide time to stabilize, or, complete a medical detox (from substances) in a non-hospital setting. Crisis Recovery Center is also able to do petition evaluations while the individual being evaluated is in custody. People in crisis are given support, asked to examine choices and assisted in developing improved coping skills. Referrals to community providers are a vital part of discharge planning.

**Who Can Receive Services:** Individuals 18 or older

## WHO CANNOT RECEIVE SERVICES AT CRISIS RECOVERY CENTER:

- People who are experiencing strong/uncontrollable impulses to self-harm or inflict harm on others or who have a **significant history of violence**, will be referred to other settings within the system of care, such as Broughton State Hospital. If an individual needs to be placed on a legal hold, the staff at Crisis recovery Center will initiate a petition. There are professional staff around the clock to do assessments and interventions and a physician is on call 24/7.
- People who suffer from **dementia** (with an existing, established diagnosis) will receive services in other settings.
- People who have **medical needs** may need to be screened prior to being served at Crisis Recovery Center. If their medical conditions cannot be managed on an outpatient basis, they must receive services in other settings.

## HOW TO GET ASSISTANCE FOR YOUR SELF, FAMILY MEMBERS, FRIENDS AND OTHERS:

- You may call (704) 933-3212
- You may walk in to Daymark Outpatient Clinics or the Crisis Recovery Center.
- We receive referrals from Daymark, Hospitals, Self-referred, community agencies, and private physicians. We evaluate each referral to try and determine if this facility is appropriate to meet the needs of the individual.

A specialist will assess the situation and determine what services are needed. The specialist can also link you to community resources as needed.