



## CRISIS RECOVERY CENTER at KANNAPOLIS

### CLIENTS DAILY SCHEDULE

7-7:50am	Wake Up Personal Time
7:50:-8am	Smoke Break
8-8:50am	Breakfast
8:50-9am	Smoke Break
9-9:50am	Community Meeting/Medication Education
9:50-10am	Smoke Break
10-10:50am	Journaling/Recovery Group
10:50-11am	Smoke Break
11-11:50am	Lunch
11:50-12noon	Smoke Break

### AFTERNOON

12n-12:50pm	Visitation/Arts & Crafts
12:50-1pm	Smoke Break
1-1:50pm	Medication Education/Blood Pressure
1:50-2pm	Smoke Break
2-2:50pm	Therapy Group
2:50-3pm	Smoke Break
3-3:50pm	Media Group/Snack
3:50-4pm	Smoke Break
4-4:50pm	Media
4:50-5pm	Smoke Break

### EVENING

5-5:50pm	Dinner
5:50-6pm	Smoke Break
6-6:50pm	Visitation/Games
6:50-7pm	Smoke Break
7-7:50pm	Community Group
7:50-8pm	Smoke Break
8-9pm	Therapy Group
9-9:10pm	Smoke Break
9:10-10pm	Media
10-10:10pm	Smoke Break
10:10-10:50pm	Media
10:50-11pm	Smoke Break
11pm-Until	Lights Out Bedtime