



Serving Cabarrus, Davidson, Rowan, Stanly and Union Counties

CONSUMER/FAMILY ADVISORY COMMITTEE

“Our mission is to ensure that Consumers receive quality services.”

October 21, 2008

MINUTES

Members Present: David Bullins, Chair; Andrea Stevens, Beverly Morrow, Co-Vice-Chairs; Ann Medlin; Bart Kean; Dawn Bierschbach; Jeff Euto; John Hufton; Sarah Boyd; Mary Sechler; Rick Samuels; Michael Kinlow; Stephen Brannan; Vernon Worrell; Melanie Frick

Guests Present: Peter Euto; Robin Boyd; Dora Hufton;

Members Absent: Linda Mercado; Major Sampson; Lemar Underwood

PBH Staff Present: Pam Shipman, Deputy Director of PBH; Steve Tomlinson, Director of Community Relations; Shelby Marlow, Administrative Assistant with Community Relations;

The CFAC assembled at 6:00pm for a buffet dinner.

I. WELCOME & INTRODUCTIONS:

David Bullins called the meeting to order at 6:30 pm and welcomed all guests in attendance.

II. APPROVAL OF MINUTES AND REVIEW OF AGENDA

David asked the committee to review the minutes for September 16, 2008. John made a motion to approve the minutes. Mary seconded the motion. The minutes were approved as presented. David informed the committee the agenda would be amended to add an update of the CIT training by Steve Tomlinson.

III. PERSON CENTERED PLANNING CONFERENCE COMMITTEE

Beverly stated that as a CFAC we are making great strides; strategic planning, etc. All CFAC members need to be involved. There are a total of 391 consumers/family members and professionals registered for the PCP conference. This is due partly because CFAC members took the PCP brochures and distributed them throughout their counties and made phone calls to inform agencies of the conference. There are 81 rooms reserved for Thursday night with 130 individuals using those rooms. Ten vendors have already paid. CFAC members are asked to be guides to direct people to the restrooms, vendor room and workshops. Guides will wear lei's. Beverly handed out a schedule of the times members would work the CFAC table, registration table, information table and voter registration table. Those working the voter registration table are asked to help consumers complete the form and explain to them what they need to do with the form.

Consumers/family members spending the night Thursday night are invited to have dinner with Al. Two PBH Board members and one Representative have RSVP'd to attend this dinner. There will be a dance afterwards. Ted Thomas is in charge of the art show. This will be set up in the hotel lobby. In the main room, a continuous video, made by Bart Kean and Michelle Rieder, will run from 7:30am to the beginning of the conference each day. Beverly will give a welcome speech and a special saying by Jeff Euto. CFAC members are asked to sit together as a group for the welcoming on Thursday in order to be recognized by Beverly.

Cyndy Brooks is trying to develop an article on the conference for the local newspapers. The press has been invited. Steve asked members for feedback to give to Cyndy for the article. He asked several questions and listed them for Cyndy.

CFAC Conference offers helpful ways to reach beyond:

- Limitations
- Expectations
- Barriers
- Potential
- Wildest dreams
- Walls of bureaucracy
- Private shame, public misinformation
- Stigma
- Discrimination
- Service dependency

What is CFAC?

- Voice of consumers receiving services
- Listens and reports to PBH
- Bridging the gaps in behavioral health
- Fighting stigma that society places

What is recovery?

- Helping achieve your dreams
- Changing disabilities to abilities
- Achieving/maintaining wellness
- Changing negative aspects of life to positive through understanding and knowledge of disability
- Living normal life instead of centered around disability
- Accepting responsibility, reality
- For DD it is maximizing talents and abilities and giving people a chance to grow
- Helping communities understand disabilities

Conference helps by topics of workshops:

- Networking
- Just attending conference helps
- Family attendance
- Socialization
- Education through communication
- Show consumers they are not alone
- About consumers/families Person Centered Planning

IV. STATE CFAC REPORT

Andrea reported Verla Enscoe attended the State CFAC meeting and gave her thoughts on regionalization. She stated that one place in North Carolina is doing it well, that place being PBH and Dan Coughlin. There has been an additional 30,000 cuts in administrative costs affecting conference travel. Leza Wainwright stated that PBH should know how many slots in the Register of Unmet Needs they are getting.

Steve gave an update report on CIT. They just completed the 4th class with 23 enrolled. All officers graduated. Some of the officers were captains in the departments. Officers from Statesville, Mooresville and Mint Hill attended this training. They have CIT in their areas but chose to attend ours. A representative from the Mecklenburg affiliate of NAMI called Steve requesting information and advise based on our CIT training. Sarah Boyd gave a presentation at the luncheon on Friday and David Bullins gave the graduation speech. Many officers gave thanks after the graduation. There have been several hostage negotiators in the CIT classes and some have said the CIT training is better. PBH/NAMI CIT has graduated 96 officers in 2008.

V. PBH LME UPDATE

Pam informed the committee the new Innovations Waiver slots amount to about 40 slots, according to the dollars, for expansion. Hopefully by January, 2009, these will be received. Pam has not heard about the catch up slots yet. There are 440 on the wait list now. These will be put in the next budget to prevent them from going away.

Dan and Pam met with the staff of Beverly Perdue and Pat McCrory to discuss mental health issues. They were satisfied with how they were received by both parties. Dan and Pam encouraged them to handle the mental health issues during the first two years in office to get them in control.

The state waiver is effective November 1st in two tiers. Pam will find out how these tier selections are determined.

PBH is increasing their planning of catastrophic events (terrorism, weather disasters, etc). PBH has nineteen certified crisis responders. Daymark has several also. Group homes should have a plan of how to respond, to include food, shelter, etc. PBH catchment area has been divided between three districts in the state. A Communications process has been set up.

PBH is in the process of purchasing the building in Union County that will house the new Crisis Recovery Center. They are moving forward with the blueprints. It takes the state around 14 weeks to approve plans. The CRC is scheduled to open around June, 2009. Daymark will manage this CRC. PBH met today with an architect to start planning the Davidson County CRC. Daymark will also manage this CRC. Diverted hospital funding will help pay for these. A four bed DD crisis center is also being planned in Davidson County. There are questions of how to license for this. RHA has a three bedroom house in Midland that could be used for a DD Crisis center also.

PBH is still pursuing the retrieval of \$3.6 million from the state. Due to this PBH is putting new state projects on hold.

VI. PROGRESS ON STRATEGIC PLAN

Goal 1.4 – vendor tables at PCP

Goal 1 – CFAC presentation done at Stanly PSR – scheduled for NAMI Cabarrus

– transportation is an issue for some CFAC members and recruiting members, suggest moving from county to county, won't work because creates longer drive for other counties, Concord most centrally located...CFAC pays for mileage so that should help alleviate that issue.

Wilma is scheduled to meet with CFAC again in November.

VII. OTHER BUSINESS

Shelby gave a report on the '07-'08 budget. CFAC had an overall beginning budget figure of \$28,760.00. Out of this \$22,862.78 was spent on stipend, the caterer, mileage and training. The ending balance was \$5,897.22.

Beverly and Andrea will be attending the NC Council Conference in Pinehurst using the CFAC scholarship the NC Council has available. David will be attending also using the CFAC budget. This is an annual conference where dignitaries from the Division and LME's across the state meet to talk of ways to improve the system. There will be breakout sessions and workshops to attend.

VIII. ADJOURNMENT

David adjourned the meeting at 8:20PM.

Respectfully Submitted,

Shelby Marlow
Administrative Assistant
Community Relations

Next Meeting is Tuesday, November 18, 2008

December, January and February Advisory Council Meetings Schedule

Cabarrus	Dec 2	300 Copperfield Blvd
	Jan 6	
	Feb 3	
Davidson	Dec 16	Health Dept. – Health Education Room
	Jan 20	
	Feb 17	
Rowan	Dec 25	cancelled due to holiday
	Jan 22	Chamber of Commerce - upstairs
	Feb 26	
Stanly	Dec 9	Stanly DSS
	Jan 13	
	Feb 10	
Union	Dec 4	UCPS Professional Dev Ctr
	Jan 1	cancelled due to holiday
	Feb 5	