

News Flash

September 11-17, 2011
National Assisted Living Week®



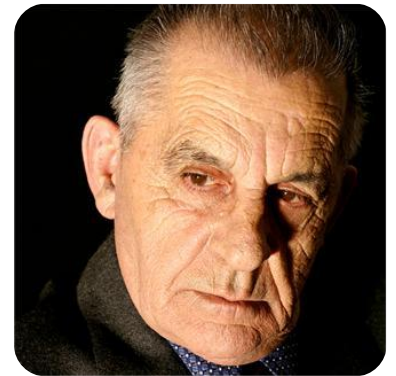
National Center for Assisted Living (NCAL) established National Assisted Living Week® (NALW) in 1995 as a way to promote assisted living to the public. This year's NALW begins on the 10-year anniversary of 9/11. The theme is Forever Proud. It reflects the renewed sense of national pride we feel as citizens and active members of the community after the tragic events of 9/11 that brought us together as a country. For more information about National Assisted Living Week® and fun activity ideas for your residents, families, staff and volunteers, visit www.nalw.org.

Hot Topic

Frontotemporal Dementia

Frontotemporal Dementia or FTD, once known as Pick's Disease, is one of the 70 or 80 different types of dementias. In some ways, FTD is similar to Alzheimer's disease, but there are also differences. Overeating and sexually inappropriate behaviors can be present in FTD. People with FTD can be overactive and restless or apathetic and unconcerned. This class addresses what caregivers can do to reduce problem behaviors in an individual with FTD. This is a must-have class if your community has a special care unit for those with dementia.

Ready to schedule this class? E-mail us today:
gast@pbhsolutions.org



Thought for the Day

Autumn is a second spring when every leaf is a flower.

— Albert Camus

Hold the Date!

Watch for more information about a special demonstration version of the Virtual Dementia Tour™ coming on October 7, 2011.

Who Is GAST?

The PBH Geriatric/adult Mental Health Specialty Team provides educational and consultative assistance to staff in long-term care facilities. We offer quality educational services with continuing educational credits at no charge. Call (704) 721-2700 to schedule a training for your community. You can view our training catalog at:

www.pbhsolutions.org/gast

Free Credit Hours!

Ask Geri

Hi Geri,

A new resident recently moved into our community.

The first few days, she was very talkative and in a great mood. She was pleasant and seemed happy with her new living environment. Then, all of a sudden, she started yelling at everyone - even swearing. She has become moody and very unpredictable. What could be going on with her?

-Baffled CNA

Dear Baffled,

When behavior changes as abruptly as you describe, it usually indicates that the person is experiencing some kind of physical health problem. Consider the possibility of her symptoms being related to delirium. A change in living environment can spur delirium, especially in older adults. Make sure to check for health concerns, such as a UTI and fecal impaction. Take a close look at any medications this resident may be taking. Has anything (medication or dose) changed? Dehydration is also a common factor in delirium. Is this resident taking in enough fluids? Make sure to approach your resident slowly and calmly. Quick gestures around this resident may aggravate her symptoms. I would strongly recommend seeking immediate medical attention for this resident. Delirium can be life threatening and will not be resolved until the underlying medical condition is treated. I hope your new resident feels better soon and enjoys her new home!

Do you have a question for Geri? E-mail her today: gast@pbhsolutions.org



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**See inside for details on
FREE CREDIT HOURS!**