

NC MH/DD/SAS Health Plan Schedule of Benefits
Mental Health
7-1-2010

Mental Health Basic Services

Up to 8 events Adults
Up to 12 events Children
Without prior Authorization

Service Definition	Coverage	Restrictions
Assertive Outreach	State Only	Basic Only
Clinical Evaluation/Assessment/Intake	Medicaid and State	
Diagnostic Assessment	Medicaid and State	
Individual Therapy	Medicaid and State	
Family Therapy	Medicaid and State	
Group Therapy	Medicaid and State	
Psychiatric Services (Medication Management/Administration/Check)	Medicaid and State	
Mobile Crisis Management	Medicaid and State	
Interpreter Services	Medicaid and State	

Mental Health Basic Augmented Services

Basic Services *PLUS* Basic Augmented
Requires Authorization through PBH Utilization Management

Service Definition	Coverage	Restrictions
Psychological Testing	Medicaid and State	
Neurobehavioral Exam	Medicaid and State	Adult
Neuropsychological Testing Battery	Medicaid and State	Adult
Developmental Testing Limited/Extended	Medicaid and State	Child & Youth
Psychosocial Rehabilitation	Medicaid and State	Adult
Hourly Respite (CHILD & YOUTH Specific)	Medicaid	Child & Youth
Community Respite	State Only	Child & Youth
Hourly Respite service	State Only	
Crisis Respite	Medicaid	Child & Youth
Personal Assistance – Individual (end date 5/1/2010)	State Only	Adult
Supervised Living – Low and Moderate	State Only	
Supported Living – Low and Moderate	State Only	Adult
Family Living – Low and Moderate	State Only	Adult
Facility Based Crisis Service	Medicaid and State	Adult
Peer Support –Ind/Group	Medicaid	Youth & Adult
Individual Supports	Medicaid	Adult
Group Living – Low and Moderate	State Only	Adult

Note: State Services are subject to available funding and are not an entitlement.

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Mental Health Enhanced Services

Basic and Basic Augmented *PLUS* Enhanced Services
 Requires Person Centered Plan for Authorization

Service Definition	Coverage	Restrictions
Partial Hospitalization - Child	Medicaid and State	Child & Youth
Partial Hospitalization - Adult	Medicaid and State	Adult
Community Support Services – Child (end date 6-30-2010)	Medicaid and State	Child & Youth
Community Support Services – Adult (end date 6-30-2010)	Medicaid and State	Adult
Community Support Services – Group (end date 6-30-2010)	Medicaid and State	
Community Support Services - Team	Medicaid	Adult
Assertive Community Treatment Program	Medicaid and State	
Day Treatment – Child and Youth	Medicaid and State	Child & Youth
Psychiatric Residential Treatment Facility (PRTF)	Medicaid and State	Child & Youth
Behavioral Health - Long Term Residential (Level IV)	Medicaid and State	Child & Youth
Behavioral Health - Long Term Residential (Level III)	Medicaid and State	Child & Youth
Therapeutic Foster Care- Child (Level I)	Medicaid and State	Child & Youth
Therapeutic Foster Care – Child (Level II)	Medicaid and State	Child & Youth
Group Living – High	State Only	Adult
Intensive In-Home Services	Medicaid and State	Child & Youth
Multi-systemic Therapy (MST)	Medicaid and State	Child & Youth
Inpatient Hospital	Medicaid and State	

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