

**PBH Plan to address  
Budget Reductions in State Funded Services  
October 1, 2009**

All consumers must meet medical necessity criteria to receive services including emergency, assessment and basic outpatient treatment.

**Medical Necessity:** Consumers must have conditions that require treatment services that are both necessary and appropriate for the prevention, diagnosis, palliative, creative, or restorative treatment of Mental Health, Substance Abuse or Developmental Disabilities conditions. The treatment received must be consistent with evidence based standards, North Carolina DHHS standards, or verified by clinical experts. Treatment must be provided in the most cost effective, least restrictive environment that is consistent with clinical standards of care.

<b>No reductions to services but the contract amount is capped at last year's maximum payment.</b>	<b>New admissions. These services are frozen. Consumers currently receiving services <i>may</i> continue based on determination of medical necessity.</b>	<b>Safety Net Services, not frozen, capped or reduced.</b>
<b>Adults with developmental disabilities</b>	<b>Children and Adults with mental health and substance abuse conditions</b>	<b>Any individual needing crisis intervention</b>
<p><u>Adult Day Vocational Program (ADVP):</u> sheltered work program for people with developmental disabilities.</p>	<p><u>Community Support:</u> This is a service that provides both case management and direct treatment for individuals with mental health or substance abuse conditions. Service supports recovery and sobriety goals of the individual; children's services are psycho-educational and supportive to reduce or ameliorate mental health and substance abuse conditions.</p> <p>The legislation prohibits the use of Community Support paid for with state funds during 09-10 unless pre-approved by the Department. The service is scheduled to terminate 6-30-10.</p>	<p><u>Mobile Crisis:</u> a mobile response team that responds to urgent crisis situations.</p> <p><u>Advanced Access:</u> outpatient assessment and treatment for consumers needing immediate or urgent care. Care is provided by a licensed clinician.</p>

<p><b>Adults with developmental disability, substance abuse and mental health conditions</b></p> <p><u>Long term residential services</u>: DD and MH group homes and supported apartment programs.</p> <p><u>Supported Employment</u>: assistance for adults with mental health and substance abuse conditions in attaining and maintaining community employment.</p>	<p><b>Adults with mental health and substance abuse conditions</b></p> <p><u>Community Support Team</u>: This is a team that works collaboratively to provide adults with mental health or substance abuse conditions treatment or restorative interventions to support recovery and sobriety.</p>	<p><b>Any individual needing care for mental health or substance abuse</b></p> <p><u>Psychiatric Care</u>: treatment by a Psychiatrist, a medical doctor with a specialization in psychiatry.</p> <p><u>Outpatient Treatment</u>: assessment, individual, group, family therapy by a licensed clinician.</p> <p><u>Peer Support</u>: a support service for adults provided by mental health and substance abuse peers that supports the goal of individual recovery.</p>
<p><b>Adults with mental health conditions</b></p> <p><u>Psychiatric Rehabilitation Services (Clubhouse Services)</u>: licensed day program that provides rehabilitative services to adults with mental illness.</p> <p><u>Assertive Community Treatment Team (ACTT)</u>: a multi-disciplinary team that provides services 24 hours per day, 7 days per week for adults with severe and persistent mental illness.</p>	<p><b>Children with serious mental health conditions that have been involved with law enforcement</b></p> <p><u>Multi-systemic Therapy</u>: A team service for children that have serious mental health conditions and have been involved with the law enforcement system. This is a family based service that provides treatment services, case management, and crisis intervention.</p>	<p><b>An adult needing care for a mental health condition</b></p> <p><u>Facility Based Crisis</u>: residential treatment for people experiencing a mental health crisis.</p>

<p><b>Adults with substance abuse conditions</b></p> <p><u>Short term residential services</u> for adults with substance abuse treatment needs such as halfway house services.</p> <p><u>Substance Abuse Intensive Outpatient Treatment</u>: a group program that offers intensive individual and group addiction treatment with the goal of supporting recovery.</p>	<p><b>Children with mental health or substance abuse conditions</b></p> <p><u>Intensive In-Home Services</u>: A team based approach to services for children that provides family preservation activities intended to stabilize a family unit and prevent out of home placement of children with mental health or substance abuse conditions.</p> <p><u>Day Treatment</u>: Treatment for children provided in a licensed setting. Treatment is designed to reduce symptoms and improve functional skills including behavioral, social, adaptive, communication, anger management and reduce maladaptive behaviors.</p> <p><u>Child residential services</u>: <i>state</i> funding for services such as Level II, III and IV will not be available.</p>	<p><b>Adults with substance abuse conditions</b></p> <p><u>Detox Services</u>: residential treatment for consumers in need of substance detoxification.</p> <p><u>Alcohol and Drug Treatment –intensive residential</u>: Residential treatment for serious addiction.</p>
<p><b>Adults and children with developmental disabilities and children with mental health and substance abuse conditions</b></p> <p><u>Respite Care</u>: Temporary relief for caregivers</p>	<p><b>An adult or child with developmental disabilities</b></p> <p><u>DD-- Home supports</u>: a home based service that provides habilitative training designed to promote attainment of the maximum independence possible; also offers supports for activities of daily living.</p> <p><u>DD--Day Supports</u>: Service that provides habilitative services in a licensed day program as well as activities in community settings.</p> <p><u>Personal Assistance</u>: hands on assistance with activities of daily living.</p>	<p><b>An adult needing care for a mental health condition that cannot be treated in a less restrictive setting</b></p> <p><u>Inpatient Psychiatric Care</u>: Hospital care for psychiatric conditions.</p>

**Other strategies for meeting the state funding reduction target:**

Action	Reason
<p><u>Elimination of state funding for services for consumers that are enrolled in the Innovations Waiver.</u> Support Coordinators will be working with consumer teams to make changes in service plans to adjust for elimination of state funded services. A 90 day transition will be available for changes in residential placements that involve moving consumers to other residential settings.</p>	<p>Our state allocation eliminated \$1,543,017 from PBH state funds for consumers enrolled in the Innovations Waiver who also receive state funded services. This is a change mandated by the NC General Assembly.</p>
<p><u>Residential Services for Consumers with Developmental Disabilities:</u> Adjust rates for residential services so that there is one rate for one, two, and three-bed homes. There will be no adjustment to rates based on only one or two residents. The residential rates will be based on the size of the home and the needs of the consumers served in the home. The target for having new residential rates in place is 1-1-2010. "Stacking" of funding (using two sources to fund the same service) will not be allowed.</p>	<p>The funding of 24 hour staffing for residential settings serving one or two people is not cost effective, and not needed to meet medical necessity requirements for most, if not all consumers. Most of these very small placements are possible because of state funding that is "stacked" on top of the person's Medicaid or Innovations funding.</p>
<p><u>End funding</u> for a developmental daycare program serving Cabarrus County only and which paid for before and after school care and a summer program.</p>	<p>Similar programs are not funded in other counties. The school system is responsible for the education of three and four year olds.</p>

The provisions of this plan were reviewed with the PBH Consumer Family Advisory Committee on September 15, 2009 and September 17, 2009.